

Treatment Plan for Michaela Addison

Product	Daily Morning	Daily Evening	Weekly	Monthly
Cleanser		x		
Scrub			x	
HydraFresh	x	x		
Lactic Acid Peel				x
Mask			x	
Booster Ampoules			x	
HA	x			
Retinol		x		
Custom Blend Oils			x	

Routine

Peel is to be left on for up to 7 minutes rinse and apply ampoule.

Mask is weekly when using ampoules and monthly when using the peel.

Booster Ampoules should be poured in the STAMPER and stamp your whole face and neck area delicately. Massage into the skin and then apply the mask. Rinse, then apply custom oil.

Custom Blend Oils can be used 1-2 times per week instead of Retinol or if you are home all day use them instead of VITAMIN C and HA hyaluronic.

Notes

Your skin is mostly balanced but it is slightly sensitive with pigment and some laxity.

The cleanser should NOT strip your skin at all that is why the OIL or Milk cleanser works best.

HydraFresh is the best skin balancer possible they are high-quality floral waters distilled from freshly picked, optimally harvested organic plants. Rose or Lavender is perfect for your skin type.

Peel, I chose lactic acid because it plumps and hydrates while it will exfoliate and completely refresh your skin. By doing not only will the dead skin cells slough off but it actually prepares the skin to fully absorb any product.

Booster Ampoule Types

Anti Aging (sea buckthorn HA Vitamin C)

Nourish (vitamin A and E)

Vitamin C (tones brightening and antioxidant)

Lift (Matrixyl 3000 vitamin C and HA)

Products

Cleanser

HydraFresh Rose 24.00
HydraFresh Lavender 24.00
Peel (Lactic acid) 45.00
Hydrating Mask 40.00

Ampoules:

Anti Aging 12

Nourish 9.00

Vitamin C 9.00

Lift 15.00

Stamper included

Custom blended oil 95.00 (nopal oil) vitamins A E K soothes brightening tones repairs UV damage.